

STUDENT WELLNESS PROGRAM

1. When curriculum areas (K-12) are being reviewed, student wellness elements will be considered, when appropriate, for inclusion in the curriculum and instructional delivery process.
2. Food providers will take every measure to ensure that student access to foods and beverages meets federal, state and local laws and guidelines. Food providers will be recommended to offer a variety of age appropriate healthy food and beverage selections for elementary schools, middle schools and high schools.
3. The child nutrition program will ensure that all students have affordable access to the varied and nutritious foods they need to stay healthy and learn well.
4. The school district encourages all students participate in school meal programs and protects the identity of students who eat free and reduced price meals.
5. The school district goes through a state review, once every five (5) years, which includes nutritional analysis of the menu.
6. The school district assigned responsibility for policy number two (2) and three (3) to the District Food Service Supervisor.
7. The school district assigned the responsibility for policy item number one (1) to the Director of Curriculum and Instruction.
8. The Wellness Committee will meet annually to review policy and administrative guidelines.

[June 2006]

[June 5, 2011]

STUDENT WELLNESS PROGRAM

The Board directs the Superintendent/designee to develop and maintain a student wellness plan in compliance with Federal law.

The student wellness plan:

1. includes goals for nutrition promotion and education, physical activity and other school-based activities designed to promote student wellness that are developed with consideration of evidence-based strategies and techniques;
2. includes nutrition guidelines for all foods provided, but not sold to students available in the District during the school day in order to promote student health and reduce childhood obesity;
3. provides assurance that District guidelines for all food and beverages sold during the school day are, at a minimum, equal to the guidelines issued by the U.S. Department of Agriculture(USDA) and that marketing of foods and beverages on the school campus during the school day is prohibited for foods or beverages that do not meet the nutritional standards established by the District in accordance with USDA regulations and
4. establishes a plan of implementation and evaluation, including designating one or more persons within the District with the responsibility for ensuring that the District is compliant with Federal law.

Development of the student wellness plan must be a collaborative effort between parents, students, food service workers, physical education teachers, school health professionals, administrators, the Board and the public.

The District notifies the public of the wellness plan at least annually. The wellness plan is assessed at least once every three years and the results of the assessment are made available to the public.

[Adoption date: June 5, 2006]
[Revision date: June 6, 2011]
[Revision date: August 7, 2017]

LEGAL REFS: Child Nutrition and WIC Reauthorization Act; Pub. L. No. 108-265
(Title I, Section 204)
118 Stat. 729
National School Lunch Act; 42 USC 1751 et seq.
Child Nutrition Act; 42 USC 1771 et seq.
7 CFR, Subtitle B, Chapter 11, Part 210
7 CFR 220, 7 CFR 225, 7 CFR 245
ORC 3313.814
OAC 3301-91-09

CROSS REFS: EF, Food Service Management
EFB, Free and Reduced-Price Food Services
EFF, Food Sale Standards
IGAE, Health Education
IGAF, Physical Education
KJ, Advertising in the Schools