

THE RAPID NEWS

RAPID RUN MIDDLE SCHOOL



WEEKLY NEWSLETTER

November 26, 2018

Schedule of Events Week of November 19, 2018 Monday – Friday



Thanksgiving Break
No School

Schedule of Events Week of November 26, 2018

Monday

Tuesday

Running Club - 2:20-3:00pm

Wednesday

Minecraft Club – 2:20-3:00pm

Thursday

Running Club - 2:20-3:00pm

Friday

Cafeteria Hot Line Specials Week of November 26, 2018

Monday

3-Way Chili Spaghetti \$2.25

Chili Cheese Fries \$2.50

Tuesday

Bacon/Ranch/Cheese Fries \$2.50

Loaded Baked Potato \$2.25

Wednesday

Home Style Chicken Sandwich \$2.50

Chicken Nugget Meal \$2.25

Thursday

Taco Salad \$2.50

Nacho Boat \$1.75

Friday

Chicken Tender Basket \$3.00

Chicken Snack-A-Tack \$1.50

Student announcements are shown every day in their first class. If you would like to see the announcements, you can access them online at:

[RRMS Daily Announcements](#)

7th Grade Team Website Links:

[Expedition](#)
[Pathfinders](#)



Happy Thanksgiving from the Teachers and Staff at Rapid Run Middle School.

Be thankful and enjoy this time with family and friends.

NO SCHOOL – THANKSGIVING BREAK
November 19th – November 23rd

Classes resume Monday, November 26th

CONGRATULATIONS to those students on the Honor Roll for the 1st Quarter 2018-19. Keep up the great work!!!

[CLICK HERE](#) for the corrected and complete Honor Roll List

Saturday 12/1/18

9:00AM - Noon

R.R.M.S. Commons

Great BARGAINS - Open to ALL!

Proceeds go to help fund 8th graders attending the D.C. Trip!

Please email argo_m@ohlsd.org with any questions!



The Rapid News is a publication of Rapid Run Middle School. Please do not reply to this email. If you have any questions concerning any information in this newsletter, please call Rapid Run Middle School at 467-0300.

RRMS BUILDERS CLUB

All 6th, 7th, and 8th graders who enjoy doing Community Service projects are welcome to be a part of this Club. NJHS can get service hours!

Meeting Dates: 11/13, 12/11, 1/8, 2/12, 3/12, 4/9
(Tuesdays) 2:15-2:45pm in Room 223

See Ms. Magro or Mrs. Price for details!



With the cold weather months fast approaching, please bring in your gently used coats to donate to the coat drive for the needy. There is a barrel for St. Vincent DePaul in the Main Lobby

~ Thank You from Builders Club



Pink "Games for the Cause" T-Shirts
Now Only \$5.00!!!
Limited # and Sizes Available in the
Main Office - While Supplies Last.



Don't forget to save your Box Tops and send them in to school! Rapid Run gets 10 cents for every Box Top sent in and they really add up! It's super easy... All you do is look for the Box Tops logo on everyday items you purchase, cut them out and send them in to school. Have your student drop them off in the Media Center in the box marked "Box Tops" on the shelf. Make sure they are in an envelope or baggie with your child's name on it so they will be eligible to win a gift card to the place of their choice! (More details on the contest to come later!)

RAMstars of the Month!!-November

These students have demonstrated high expectations of themselves in ALL areas of their lives! We are so proud that they are part of our school! Congratulations!

- Trailblazer Team
 - Grady McChristian
- Pacesetter Team
 - Aiden Young
- Expedition Team
 - Kalli Langdon
- Pathfinder Team
 - Josh Glover
- 8th Grade
 - Kate McMullen
 - Krissa Linkenfelter
- Mrs. Sauers's class
 - Jordan Crusoe
- Mrs. Boeing's class
 - Billy Hilton
- German
 - Cole Dietrich
- Spanish
 - Addison Weldele



Lost and Found

Our lost and found box in the office was overflowing with jackets, sweatshirts, lunch bags, water bottles, pencil bags, books, folders, etc. We have put those items on a table in the front lobby. Please have your child check the table if they are missing anything. If you put your child's name on their possessions we will be happy to reunite students with their lost items. **Any unclaimed items will be donated at the end of November.**

Oak Hills Band Association Fall Craft Fair

Oak Hills High School
Saturday November 17, 2018
9am - 3pm

\$3 entry (kids 10 and under free) to over 300 crafters on display in the OHHS gym, commons and main floor. A huge selection of items to make your holiday and/or birthday shopping easy! Full concessions and lunch available in the commons all day.



We're excited to share that our school is part of the Coca-Cola Give program.

This opens up Rapid Run Middle School to new funding opportunities to help improve learning environments for students. The best part? Donations don't come out of your own pocket!!

When you make Coca-Cola purchases, you simply enter the product codes here:

<https://us.coca-cola.com/give/schools/>

or turn your product lids into the main office and our school receives a donation. Help RRMS make the most of this program and get started today!

Dear Parents,



These are the days your child will want to remember forever. Help make the year unforgettable by purchasing a 2018-2019 Yearbook.

For only \$36.00, your kid will have a book that will be enjoyed now and 20, 30 or even 50 years from now. You also can make the yearbook extra special by purchasing namestamping and a protective plastic cover (online purchase only). The \$36.00 price will increase January 1, 2019 so don't delay.

Buy online with credit card, debit card or PayPal at yearbookforever.com or at school with a check made out to Rapid Run Middle School in the main office. Order now, so your child won't miss out when the yearbook is distributed before the last day of school.

As an adult, you know how important high school memories become. Don't let your child's memories fade; make sure they get a yearbook!

District Happenings:

November 24 Oakettes 60th Anniversary

The Oakettes will be celebrating their 60th anniversary at the Hyatt Regency Cincinnati. All former Oakettes, coaches, band members, parents and volunteers are invited to attend. Tickets are \$60 and include dinner, swag and entertainment. Tickets can be purchased through Eventbrite: <https://www.eventbrite.com/e/oakettes-60th-anniversary-tickets-44958301490>

December 21 Alumni Basketball Game

Calling all former Oak Hills High School basketball players! You are cordially invited to the boys basketball game vs. Lakota East on Friday evening, December 21. Please RSVP to Coach Mike Price at price_m@ohlsd.org or (513) 319-8408.

Bed Bugs in the Community

A Growing Problem

As you may know, bed bugs have made their presence known in Southwest Ohio. Public health research shows that bed bugs do not spread disease. Oak Hills Local School District does, however, understand the importance of preventing and controlling bed bugs. Bed bugs are a public health nuisance and often create fear and anxiety among our families.

How do you help prevent bed bugs from infesting your home?

Start a family routine to check clothing, shoes, purse/backpacks, and books on a daily basis to prevent a “hitchhiker” from coming home with you. Bed bugs like dark places, they are nocturnal blood feeders and are most likely to come in contact with you when traveling, spending the night in an infested location such as a hotel, hospital, or home of someone with an infestation.

FORTUNATELY, SCHOOLS ARE NOT a favorite home for bed bugs because they do not have a host to feed on at night and they hate bright lights during the day. So if a bed bug comes in with a student, it is not likely to travel very far within the classroom or school.

The school district has guidelines from the Hamilton County Health Department in place when bed bugs are found at school or on a student. If we find a bug on your student we will call you and give further instructions. If you have an occurrence of bed bugs at your home, please call school to report it to your school nurse. By being forthcoming with this information, we can help you with the most current information and eliminate the spread of bed bugs among our families in the district.

If bed bugs are suspected in the home:

1. Look for:
 - Small rusty spots on mattress and/or bed linens
 - Small blood smears on bedding from crushed insects
 - Dried remains of shed bed bug skin
 - Irritated, inflamed, itchy welts on your skin, usually in rows of three

*Bites alone do NOT indicate bed bug infestation. Other insects leave similar bites. Live bed bugs must be present for positive infestation.

2. Thoroughly inspect in, under, and around:
 - Mattress and Box spring
 - Bed frame
 - Furniture
 - Switch Plates
 - Small cracks in furniture, floor, or walls
 - Carpet
 - Baseboards, Window and Door frames
3. If living in apartment or multi-family homes:
 - Advise landlord
 - Instruct neighbors in adjoining units to inspect home
4. Once location of bugs is known:
 - Save a sample of the bed bugs in zip-lock bag to be correctly identified
 - **Call professional exterminator- most will give a free inspection and advice.**
 - Vacuum affected area
 - Dispose vacuumed contents in sealed plastic bag and immediately place outside

- Remove infested clothing and bedding, wash in hot water (102°) and dry on high heat for at least 30 minutes
- Cover mattress and box spring with a zippered mattress cover (keep on for 1 year)

5. If bugs found on body:

- Remove bugs by use of tweezers, gloves, paper towel, etc.
- Put bugs in zip-locked bag and place outside in garbage can
- Wash clothing or personal items in hot water (102°) and dry on high heat for at least 30 minutes
- Treat bites with antihistamine (Cortisone) cream
- Avoid itching bites to prevent infection

6. Bed bug infestation is NOT usually associated with poor hygiene or bad housekeeping

- Inform school administrator of bed bug findings
- Student should NOT be excluded from school due to bedbugs
- Inspect items before leaving house
- Send only essential items to school with student and keep these items in a XL ziploc bag to ensure items are bed bug free.

To protect your child from embarrassment during an infestation keep clean school clothes in a sealed bin or bag to ensure that what they put on in the morning is bed bug free. **Never have the student keep clothes, shoes and backpack for school near their bed during an infestation.**

For more information on bed bugs, please visit the OHLSD Nursing website at <https://sites.google.com/a/ohlsd.org/oak-hills-local-school-district-nurse/> There you will find a bed bug tab with a Know Your Bed Bugs Fact Sheet from the Hamilton County Public Health organization. You may also visit their site at www.hamiltoncountyhealth.org or Ohio Department of Health <http://www.odh.ohio.gov/odhprograms/dis/zoonoses/vbdp/bedbug.aspx>

Thank you for your continued help on this community problem- OHLSD Nursing Department

Keeping kids safe at school with food.

Please be mindful when sending in treats to school to share with your child's friends.



We ask that all foods are **preferably packaged with the label** that can provide ingredients (for food allergies) and Carbohydrate counts (for diabetic insulin dosing and student with other medical conditions that are diet control related)

Food Allergy?

- A food allergy is a medical condition in which exposure to a food triggers a harmful immune response. The immune response, called an allergic reaction, occurs because the immune system attacks proteins in the food that are normally harmless. The proteins that trigger the reaction are called allergens.
- The symptoms of an allergic reaction to food can range from mild (itchy mouth, a few hives) to severe (throat tightening, difficulty breathing).
- Anaphylaxis is a serious allergic reaction that is sudden in onset and can cause death.

Milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish and sesame are the most common food allergens.

Carbohydrate counts

- allow the nurse to properly calculate the insulin dose for a diabetic student and this allows them to have the treat as well.
- Some seizure conditions are controlled by a balance of macronutrients (e.g., fat, protein, carbohydrate).

We appreciate your help and consideration in keeping the OHLSD kids safe during the school day.

OHLSD Nursing Department





Encontrar Box Tops es fácil. De hecho, tal vez tengas algunos en tu casa en este momento. Recorta Box Tops de cientos de tus productos favoritos. Cada cupón de Box Tops tiene un valor de 10¢ para tu escuela ¡y esas cantidades se suman rápido!

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Participation in the Boy Tops for Education program may vary among individual products and package sizes.

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2018 Highlander Card

The student athletes in each middle school were selling "Highlander Cards" for the fall fundraiser. If you did not have the opportunity to purchase a card and would like to please contact me at sowders_s@ohlsd.org or have your student stop in the Rapid Run Middle School main office to purchase a card. If you frequent any of the sixteen businesses on the card you will definitely save much more than the \$10 that the card costs.

 <p>Chandler's burger bistrea</p> <p>15% off of food purchase Not valid with other offers Dine in only Valid Sunday through Thursday</p>	 <p>orange leaf AMERICA'S FROZEN YOGURT</p> <p>15% Off Any frozen yogurt purchase Glenway location only</p>	 <p>HOT HEAD BURRITOS</p> <p>2 FOR \$10.99 Regular Bowls or Burritos Glenway location</p>	 <p>johnny's WESTSIDE bar & grill</p> <p>15% off of food purchase Not valid with other offers Dine in only</p>
<p>Professional Auto Service</p> <p>6504 Glenway Avenue 10% off all brake work \$5 off oil changes Free pickup and delivery</p>	 <p>Willie's SPORTS CAFE</p> <p>\$5 off of \$20 food purchase Not valid with other offers Excludes alcohol</p>	 <p>SPRINGDALE cleaners</p> <p>\$2 off \$10 or more \$3 off \$15 or more Crookshank location only</p>	 <p>BUFFALO WILD WINGS</p> <p>Free snack size wings (boneless or traditional) with \$10 purchase (excludes alcohol and gift cards) Anderson Ferry Road location only</p>
 <p>LaRosa's PIZZERIA</p> <p>10% off of purchase Not valid with other offers Rapid Run location only</p>	 <p>Buy 3 Games of Mini Golf and get 3 games free (\$21 Value) Game tickets may be used individually</p>	 <p>chick'n tenders</p> <p>15% off a combo or larger order Not valid with other offers</p>	 <p>WISHBONE TAVERN</p> <p>15% off of food purchase</p>
 <p>Fernbank GOLF COURSE</p> <p>Green Fees \$6 for 9 Holes Mon – Fri 11AM to 3PM Weekends after 2PM Not valid for leagues or outings</p>	 <p>EPIC NUTRITION</p> <p>50% off shakes first 3 visits 1 2 3</p> <p>Legacy NUTRITION</p>	 <p>Mac SHACK</p> <p>Free Oreo Pudding Pie With purchase of large mac Not valid with any other offers</p>	 <p>Wassler Meats</p> <p>10% off of any purchase over \$50</p>

THE YEAR LIVES HERE!



Rapid Run Middle School

RAMS

Buy your
yearbook now
YEARBOOKFOREVER.COM

This school year will live forever in the pages of the 2019 yearbook. Help your student remember friends, classes, fun and more by purchasing a 2019 yearbook for them today!

Cost:

- \$36 October 1, 2018 - December 31, 2018
- \$38 January 1, 2019 - April 30, 2019

Don't wait to purchase your yearbook! Extra options available with online purchases only.

To purchase:

- To use a credit card, debit card or PayPal, go to yearbookforever.com and enter our school name.
- For cash or check, bring payment made out to Rapid Run Middle School to the front office.

Student name _____ Grade _____

Address _____

Phone _____ Email _____

Number of yearbooks _____ x \$ _____ = _____ Total cost

Walsworth yearbooks

yearbookforever.com



**FREE
ADMISSION**

Train Show at Green Township Senior

What: Toy Train Display

**When: November 17 &
November 18, 2018**

Where: 3620 Epley Ln.

**Time: Saturday & Sunday
12 pm— 5pm**



Cincinnati Kinderballet Announces Fall 2018

"A CHRISTMAS CAROL"

Performance Schedule



Sat. December 1 st	11:00am	Historic Hoosier Theater in Vevay, Indiana
Sat. December 1 st	3:00pm	Rising Sun Senior Center
Sat. December 8 th	11:00am	Batesville Middle School
Tues. December 11 th	7:00pm	Boone County Main Library
Sat. December 15 th	11:00am	JF Dulles Elementary School
Sun. December 16 th	2:00pm	Kenton County Erlanger Branch Library
Sat. December 22 nd	3:00pm	Groesbeck Branch of the Public Library

This year the AVO School of Ballet and the Cincinnati Kinderballet are celebrating 70 years of ballet excellence in Cincinnati. The tradition that Anneliese Von Oettingen began in 1948 still flourishes and delights today. Our performing company, The Cincinnati Kinderballet will perform the holiday classic "A CHRISTMAS CAROL" this December in venues all across the tristate area. We have partnered with local schools, libraries, and community organizations to present this classical ballet story in an engaging format to children and adults alike. Children are invited to participate in an interactive storytelling at the end of the performance which is always popular! Engaging characters such as Scrooge, Tiny Tim, and the ghosts of Christmas past, present and future will weave a tale of delight and intrigue for all.

Information about dates, times and locations for all performances can be found at avoballet.org or call 513-481-0092. Most performances are FREE and tickets are not required.

A simple way to keep the kids in our community safe.



and



Over 800 kids spend a fun, but safe night after the prom every spring. We want this event to continue for years to come to keep future OH students safe as well. If you are currently linked to After Prom you no longer need to re-enroll. Thank you for helping this cause. If you have not linked your card, please consider doing so.

Go to www.krogercommunityrewards.com

Click on "Enroll" your Plus Card.

Once enrolled, click MY ACCOUNT, and choose
the bottom bar - COMMUNITY REWARDS.

Enter the number 80549.

That's it!

**

Your support is so needed, effects so many, and is greatly appreciated,

Please spread the word!

Thank you.

Questions? Contact: Kelli Wagner, wagner_k@ohlsd.org

OHHS PTA After Prom Gift Card Chair and grateful mom of one of those students who came home safely thanks to After Prom.

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Community Program: Caring Neighbor

It pays to shop at a local business in your community.

With our Caring Neighbor program, sign-up and we will donate up to 2% to your favorite community non-profit for every purchase made when you use your Remke Rewards card.

Here's How!

- Sign in to your account
- Go to My Account in the top right corner of the page
- Choose **OAK HILLS HIGH SCHOOL PTA - AFTER PROM**

Your support is so needed, effects so many, and is greatly appreciated,

Please spread the word!

Thank you.

Questions? Contact: Kelli Wagner, wagner_k@ohlsd.org

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